Wellness Benefits

Your Wellness Benefit encourages you to take charge of your health through preventative tests and procedures. At Medshield we encourage members to have the necessary tests done at least once a year. Wellness Benefits are subject to the use of Pharmacies that are included in your benefit option's Pharmacy Network, available at www.medshield.co.za.

Unless otherwise specified, benefits are subject to the Overall Annual Limit, thereafter subject to the Personal Savings Account, excluding consultations for the following services:

BENEFIT CATEGORY	BENEFIT LIMIT/COMMENTS
Adult Vaccination	**R470** per family per annum. Thereafter payment from the Personal Savings Account.
COVID-19 Vaccination Subject to relevant Managed Healthcare Programme. Limited to Scheme Vaccination Formulary. Excludes consultation costs.	Subject to the Overall Annual Limit. Protocols apply.
Birth Control (Contraceptive Medication) Only applicable if no intrauterine devices and alternatives are used.	Restricted to **1 month's** supply to a maximum of **13 prescriptions** per annum per female beneficiary between the ages of **14 - 55 years old**, with a script limit of **R210**.
Bone Density (for Osteoporosis and bone fragmentation)	**1 per beneficiary 50+ years** old **every 3 years**.
Flu Vaccination	**1 per beneficiary 18+ years old**, included in the Overall Annual Limit. Thereafter payable from the Personal Savings Account.
Health Risk Assessment (Pharmacy or Family Practitioner)	**1 per beneficiary 18+ years** old per annum.
HPV Vaccination (Human Papillomavirus)	**1 course of 2 injections per female** beneficiary, **9 - 13 years old**. Subject to qualifying criteria.
Mammogram (Breast Screening)	**1 per female** beneficiary **40+ years** old **every 2 years**.
National HIV Counselling Testing (HCT)	**1 test** per beneficiary per annum.
Pap Smear	**1 test** per female beneficiary per annum.
Pneumococcal Vaccination	**1 per annum** for high risk individuals and for beneficiaries **60+ years** old.
PSA Screening (Prostate specific antigen)	**1 test per male beneficiary between the ages of 50 - 69 years old**, included in the Overall Annual Limit. Thereafter payable from the Personal Savings Account.
TB Test	**1 test** per beneficiary.
Child Immunisations: Immunisation programme as per the Department of Health Protocol and specific age groups:	
At Birth: Tuberculosis (BCG) and Polio OPV.	
At 6 Weeks: Polio (OPV), Diptheria, Tetanus, Pertussis (Whooping Cough)(DTP), Hepatitis B, Hemophilus Influenza B (HIB), Rotavirus, Pneumococcal.	
At 10 Weeks: Polio, Diptheria, Tetanus, Pertussis (Whooping Cough)(DTP), Hepatitis B, Hemophilus Influenza B (HIB), Pneumococcal, Rotavirus(Optional).	
At 14 Weeks: Polio, Diptheria, Tetanus, Pertussis (Whooping Cough)(DTP), Hepatitis B, Hemophilus Influenza B (HIB), Rotavirus, Pneumococcal.	
At 6 Months: Measles MV(1).	
At 9 Months: Measles, Pneumococcal and Chickenpox CP.	
At 12 Months: Measles MV (2).	
At 15 Months: Chickenpox CP.	
At 18 Months: Polio, Diptheria, Tetanus, Pertussis (Whooping Cough)(DTP), Measles, Mumps and Rubella (MMR).	
At 6 Years: Polio, Diptheria and Tetanus (DT).	



The following tests are covered under the Health Risk Assessment:

- Cholesterol
- Blood Glucose
- Blood Pressure
- Body Mass Index (BMI)

Child Immunisation

Through the following providers:

- Medshield Pharmacy Network Providers
- Clicks Pharmacies
- Family Practitioner Network
- SmartCare Network

Health Risk Assessments

Can be obtained from:

- Medshield Pharmacy Network Providers
- Clicks Pharmacies
- Family Practitioner Network
- Medshield Corporate Wellness Days
- SmartCare Network