

## **Maternity programme**

### **Extender & Summit option**

(Subject to registration on the Maternity management programme between 8 and 20 weeks of pregnancy)

| Benefit                                                                | Who                               | How often                                                                                                               |
|------------------------------------------------------------------------|-----------------------------------|-------------------------------------------------------------------------------------------------------------------------|
| Doula benefit                                                          | Women registered on the programme | 2 visits per pregnancy                                                                                                  |
| Antenatal visits (Midwives, GP* or gynaecologist)                      | Women registered on the programme | 12 visits                                                                                                               |
| Online or face-to-face antenatal and postnatal classes                 | Women registered on the programme | 18-month online subscription with Parent Sense or face-to-face classes covered up to R450 per pregnancy at any provider |
| Online video consultation with lactation specialist                    | Women registered on the programme | Initial consultation plus follow up                                                                                     |
| Nurse home visit                                                       | Women registered on the programme | Day after return from hospital<br>2 weeks after initial visit<br>6 weeks after initial visit                            |
| Urine tests (dipstick                                                  | Women registered on the programme | Included in antenatal visits                                                                                            |
| Antiglobin, platelet count and Rubella antibody                        | Women registered on the programme | 1 test                                                                                                                  |
| Blood group, full blood count and Rhesus factor                        | Women registered on the programme | 1 test                                                                                                                  |
| Creatinine                                                             | Women registered on the programme | 1 test                                                                                                                  |
| Glucose strip                                                          | Women registered on the programme | 2 tests                                                                                                                 |
| Haemoglobin estimation                                                 | Women registered on the programme | 2 tests                                                                                                                 |
| Urinalysis                                                             | Women registered on the programme | 12 tests                                                                                                                |
| Urine tests (microscopic exams, antibiotic susceptibility and culture) | Women registered on the programme | As indicated                                                                                                            |
| Scans                                                                  | Women registered on the programme | 2 pregnancy scans 3D and 4D scans covered up to the rate we pay for 2D scans                                            |
| Paediatrician visits                                                   | Women registered on the programme | 2 visits in baby's first year                                                                                           |
| 24-hour emergency health advice                                        | All beneficiaries                 | As needed                                                                                                               |