

Maternity programme

Incentive option

(Subject to registration on the Maternity management programme between 8 and 20 weeks of pregnancy)

Benefit	Who	How often
Doula benefit	Women registered on the programme	2 visits per pregnancy
Antenatal visits (Midwives, GP* or gynaecologist)	Women registered on the programme	12 visits
Online or face-to-face antenatal and postnatal classes	Women registered on the programme	18-month online subscription with Parent Sense or face-to-face classes covered up to R450 per pregnancy at any provider
Online video consultation with lactation specialist	Women registered on the programme	Initial consultation
Nurse home visit	Women registered on the programme	Day after return from hospital 2 weeks after initial visit 6 weeks after initial visit
Urine tests (dipstick	Women registered on the programme	Included in antenatal visits
Antiglobin, platelet count and Rubella antibody	Women registered on the programme	1 test
Blood group, full blood count and Rhesus factor	Women registered on the programme	1 test
Creatinine	Women registered on the programme	1 test
Glucose strip	Women registered on the programme	2 tests
Haemoglobin estimation	Women registered on the programme	2 tests
Urinalysis	Women registered on the programme	12 tests
Urine tests (microscopic exams, antibiotic susceptibility and culture)	Women registered on the programme	As indicated
Scans	Women registered on the programme	2 pregnancy scans 3D and 4D scans covered up to the rate we pay for 2D scans
Paediatrician visits	Women registered on the programme	2 visits in baby's first year
24-hour emergency health advice	All beneficiaries	As needed